Tim unexpectedly meets Decorah’s newest orthopedic surgeon

Breast cancer survivor offers real-life advice

Do you have diabetes?
Learn about the continuous glucose monitor.

WMC FOUNDATION COMMUNITY HEARTBEAT FALL '19
As we kick off our 2019 Annual Fund campaign, I am reminded of how fortunate we are to live and work in such a caring community. Examples of selfless acts of kindness can be found throughout Winneshiek County in the many organizations that raise funds and awareness for important missions. The WMC Foundation is a team of individuals and organizations with the power to make a difference in the lives of those who seek critical services from Winneshiek Medical Center. We all know we will encounter the need for expert medical care for ourselves or someone we love. We strive to maintain and enhance the level of care at our local, community medical center.

The Annual Fund has been a significant resource to bring new technology and services to our local hospital. This year, we are funding a new patient monitoring system. This equipment supports patient quality of care for those in need of surgical, emergency or inpatient care. It will allow for patient vitals to be monitored wirelessly, increasing coordination of care and patient safety. It is a critical tool that will benefit those friends and neighbors we hold dear. Will you join us in this life saving endeavor? A sincere thank you to our generous donors who give so others can live!

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Howard County deputy experiences WMC orthopedic care first-hand

On a regular summer morning, Tim Beckman of Protivin was doing a little tree trimming in the yard. Perched on a ladder with his chainsaw in hand, all was going well... until it wasn’t. “There was a branch at an awkward angle, but I was hurrying to get done. Instead of moving the ladder, I stretched for the cut,” says Tim. The out-of-reach branch fell against Tim’s ladder, taking him down with it.

Tim’s wife, Janelle, was in the house and heard his shouts for help. A nurse, she could see he was not critically injured, but needed medical attention. Janelle and a neighbor were able to get Tim to the car and the Beckmans drove to the Winneshiek Medical Center Emergency Department in Decorah. Janelle says, “X-rays showed a broken right wrist. Tim, Luella (2) and I were very lucky. It could have been so much worse.” Tim was scheduled for surgery in two days, which allowed time for the swelling to diminish.

The family met Mayo Clinic Health System orthopedic surgeon, Rick Wilkerson, D.O., shortly before Tim went into surgery. Dr. Wilkerson joined the Decorah Clinic practice in August 2019; Tim’s surgery was scheduled for Dr. Wilkerson’s first week of patient care.

Dr. Wilkerson’s an experienced, proven orthopedic surgeon who has special interest in joint replacements and sports medicine surgical care. He performs hip, knee and shoulder replacements, all sports medicine procedures including ACL reconstruction surgery, pediatric orthopedic surgery, hand procedures, fracture repair and more. He joined Winneshiek Medical Center after 30+ years building a successful practice of eight orthopedic surgeons in Spencer, Iowa.

Tim says, “Dr. Wilkerson made me feel comfortable going into surgery. He was obviously very intelligent, down-to-earth and he explained exactly what was going to happen. He left me with the impression that he knew what he was doing, and I was in good hands.” Tim’s surgery did not require a hospital stay, and he went home that afternoon.

Tim had regular follow-up appointments with Dr. Wilkerson and Jesse Butler, PA-C, in the WMC Orthopedic Clinic. “Dr. Wilkerson said it was a pretty significant break and would be a long recovery. He was right, but I am pleased with the progress I have made,” says Tim.

As a Howard County deputy sheriff and the jail administrator, Tim had to be off work for the duration of his recovery – time he was able to spend with his daughter, Luella. “Luella and I have had fun together over the past few weeks,” he says, smiling.

Of the entire experience, Janelle offers some words of wisdom: “Hug your loved ones tight. Life can change in an instant. And be thankful quality emergency and surgical care is available close to home.”

Dr. Wilkerson is accepting new patients at Winneshiek Medical Center. To make an appointment with Dr. Wilkerson, call 563-382-2911.
How do parents encourage healthy eating habits with their children?
Parents are in charge of what, when and where (meaning are the kids going to eat at the table, in front of the TV, etc.) Kids are in charge of how much and whether they’re going to eat. Developing a routine with your children is important. Children feel safe with routines.

What if my children don’t eat what I have cooked for dinner?
Don’t feel discouraged if your children don’t eat. Children typically make up for a missed meal at the next mealtime. Teach your children to trust their appetite and, as parents, trust your children when they say they’re hungry, or not. Some children have eaten enough calories and met their nutritional needs in the 4-5 eating opportunities prior to dinner.

Why is it beneficial for us to operate the kitchen with hours?
Operating your kitchen with open and closed hours is a way to control what and when your children are eating. It also supports providing a routine for them. For instance, if your child doesn’t eat dinner because he/she isn’t hungry at the time, they don’t have the option to binge eat anything later in the evening. Provide opportunities for snacks, but offer them at regular times—morning, midafternoon and bedtime, if necessary.

Do you believe in the saying, “No dessert unless you eat your dinner?”
I’d say it’s the parents’ discretion. I do feel it’s important to offer a wide variety of food. If we allow all foods to be present at the dinner table, including desserts, it takes away the specialness of that specific food and decreases the desire. We want what we can’t have. If your children have already gotten their appropriate calorie intake for the day, they will consume a dessert solely because it tastes good. If your children did not get enough, eating dessert will not satisfy the body and they will become hungry in short order.

Sue Zbornik, director, WMC Nutrition Services, shares her insight on techniques parents may use to support healthy eating habits with children.
Is your weight affecting your quality of life? Winneshiek Medical Center offers an Individualized Weight Management Program for patients with a Body Mass Index (BMI) of 30+ to help you improve your health, with the continued support of registered dietitians.

Those who qualify could be eligible for up to 22 visits with a dietitian per year. WMC’s Individualized Weight Management Program may be covered by your insurance, under the benefit: “Intensive Behavioral Therapy for Obesity.” This service is 100% covered by Medicare.

Angie Pellett, RD, LD, registered dietitian at Winneshiek Medical Center says, “BMI is a calculation of a person’s height and weight. The result is used to determine if that individual is obese, overweight, normal weight or underweight depending on where they fall within the BMI category ranges.”

The 2019 Winneshiek County Health Rankings show 32% of Winneshiek County adults have a BMI of 30 or higher, meaning that nearly 1/3 of Winneshiek County adults may qualify for the Individualized Weight Management Program.

Lowering your weight can reduce your risk for health problems. These include:

- Diabetes
- Arthritis
- High blood pressure
- Heart disease
- Sleep apnea
- Liver disease
- Stroke
- Some lung diseases
- Some cancers
- Mental health problems

Call Winneshiek Medical Center and ask to speak with a dietitian to learn more: 563-382-2911.
Real-life advice from a breast cancer survivor

Though it has been many years since her breast cancer diagnosis, Barbara Nelson of Decorah schedules her annual mammogram like clockwork (one year + one day) because she knows early detection is the key to more successful outcomes.

Barbara was a young mother in 1987, living in California at the time, when she performed her first self-exam. There was a small, pea-sized lump on her left side and she made an appointment for a mammogram. “Most people thought the lump would be a cyst, but the mammogram and further testing revealed stage 2 breast cancer, which led to chemotherapy soon after,” says Barbara.

Three months later and with small children in tow, Barbara went to daily radiation appointments, dropping her daughter off at pre-school after the treatment was done each day. “My husband was traveling a lot for his job; we made it work,” says Barbara.

Barbara recalls the kindness of those around her during her treatment; specifically, a friend who loaned her a VCR to help pass the time. “I remember trying to decline the gesture because I felt it would be too much. But, my friend plainly told me that it helped her cope with my diagnosis if she could do something tangible for me.” Barbara adds, “Cancer affects many people beyond the patient. It is a lesson I’ve kept with me and shared with others: let people help you in your time of need. It is healing for everyone.”

Fast-forward 10 years, the Nelsons moved to Decorah, and Barbara transferred her care to Winneshiek Medical Center. She continues her regular mammograms, recently benefitting from the 3D technology, which was installed in 2018.

3D mammography is a relatively new screening and diagnostic breast imaging tool to improve the early detection of breast cancer. Low-dose images from different angles around the breast create the 3D picture. The detailed images allow for a better evaluation of the breast tissue, layer by layer. 3D mammography can also provide better images of dense breast tissue than conventional mammography, and is now covered by most insurance plans.

Barbara says, “I am so impressed with the people at Winneshiek Medical Center. Even though I am a breast cancer survivor, having a mammogram is not the most pleasant experience. However, Christina, the technologist who performed my most recent mammogram, was wonderful. She is a very caring person. She was gentle, encouraging, and I left feeling very relaxed.”

She adds, “I set milestones for myself after cancer: watch my children graduate high school, attend their weddings, meet my grandchildren, and on. I am blessed to be cancer-free so many years later, and am thankful to have such quality medical care right here to help me stay healthy.”

Winneshiek Medical Center Radiology is home to one of the area’s most comprehensive and advanced diagnostic imaging departments, performing over 2000 mammography exams each year. Mammography screenings are available at WMC for any patient, regardless of provider, and patients do not need a doctor’s referral to schedule an appointment. WMC mammography offers daily appointments, Monday through Friday. Patients can schedule directly by calling WMC Radiology at 563-387-3022.
Everyday ways to meditate

Meditation can wipe away the day’s stress, bringing with it inner peace. Try to meditate in a quiet setting while in a comfortable position such as sitting, lying down or even walking. Here are some ways you can practice meditation on your own, whenever you choose:

**HEART**

Focus your love and gratitude. In this type of meditation, you focus your attention on a sacred image or being, weaving feelings of love, compassion and gratitude into your thoughts. You can also close your eyes and use your imagination or gaze at representations of the image.

**MOUTH**

Repeat a mantra. You can create your own mantra, whether it’s religious or secular. Examples of religious mantras include the Lord’s Prayer in the Christian tradition, the holy name of God in Judaism, or the om mantra of Hinduism, Buddhism and other Eastern religions.

**BRAIN**

Read and reflect. Many people report that they benefit from reading poems or sacred texts, and taking a few moments to quietly reflect on their meaning. You can also listen to sacred music, spoken words, or any music you find relaxing or inspiring. You may want to write your reflections in a journal or discuss them with a friend or spiritual leader.

**LUNGS**

Breathe deeply. Focus all your attention on your breathing, and concentrate on feeling and listening as you inhale and exhale through your nostrils. Breathe deeply and slowly. When your attention wanders, gently return your focus to your breathing.

**ENTIRE BODY**

Scan your body. Focus your attention on different parts of your body. Become aware of your body’s various sensations, whether that’s pain, tension, warmth or relaxation.
How will you react if someone you care about is contemplating suicide?

Bridgette Hensley, Psy.D., Mayo Clinic Health System psychologist at Winneshiek Medical Center, offers the following information for talking to youth and adults about suicide.

**Tips for talking with someone about suicide**

- Be direct. Talk openly and matter-of-factly about suicide. Ask: “Are you thinking about killing yourself?”
- Be willing to listen. Allow expressions of feelings. Accept the feelings.
- Be non-judgmental. Don’t debate whether suicide is right or wrong, or whether feelings are good or bad. Don’t lecture on the value of life.
- Get involved. Become available. Show interest and support. Follow up in the days and weeks following a crisis.
- Don’t dare him or her to do it. Don’t act shocked. This will put distance between you.
- Don’t be sworn to secrecy. Seek support. Seek help from a trusted adult if you are a young person. Inform parents, guardians, and spouses/partners if you know their loved one is talking about suicide or demonstrating warning signs.
- Offer hope that alternatives are available but do not offer superficial reassurance.
- Take action. Remove means, like weapons or pills.
- Get help from people or agencies specializing in crisis intervention and suicide prevention.
- Get trained in suicide prevention.

**Who to Contact for Help**

- Call 911 in the case of an emergency (if danger is imminent or the person has already taken action to end their life).
- Call the police department or sheriff’s office and ask for a welfare check if you are concerned that someone may make a suicide attempt and you or others are not there to keep them safe.
- If the person is willing to let you help them get help, they can call the following numbers:
  - National Suicide Prevention Lifeline: 1-800-273-8255 (tele-interpreter services are available)
  - Options for Deaf and Hard of Hearing: 1-800-799-4889
  - Veterans Crisis Line: 1-800-273-8255 or Text: 838255
  - Trevor Lifeline - A crisis intervention and suicide prevention phone service for LGBTQ youth, available 24/7: 1-866-488-7386
  - Trevor Text - Text “START” to 678678. Standard text messaging rates apply. Available 24/7/365
  - Trans Lifeline - Trans Lifeline is a national trans-led 501(c)(3) organization dedicated to fighting the epidemic of Trans suicide: 1-877-565-8860
  - Northeast Iowa Behavioral Health Crisis Calls (Decorah Office): 563-382-3649 or 1-800-400-8923

For more information visit: winmedical.org/suicide-prevention-resources
The weather has given us a taste of winter, and unfortunately we’re going to be seeing more snow and colder weather days ahead. With that, we’re all digging out our gloves, hats and scarves for the season. It’s common to see many runny noses, hear coughs and sneezes and be experiencing a sore throat this time of year.

Be honest, have you ever used your glove or scarf to wipe your nose and/or cover a sneeze or cough when a tissue isn’t available? Then you continue to touch your steering wheel, door knob, seat or shopping cart all while spreading those germs to others. This is called cross contamination.

“People use gloves to protect themselves from the elements,” says Maggie Busta, WMC infection preventionist. “However, winter gloves do not shield us from germs. Our winter gloves may carry e-coli, cold and flu viruses, such as influenza, and can potentially contribute to the spread of these. “If you are worried about touching public surfaces (ATM’s, cross walk buttons, shopping carts, etc.) it is best to remove your gloves first because it is easier to sanitize your bare hands,” adds Busta.

Winter gear picks up everything bare hands do, so it is best to wash these items weekly. Most germs will survive two or three days on winter gear, possibly longer. We don’t think to wear our clothes over and over without washing them, yet in colder weather we regularly wear our coats, gloves, hats and scarves when they haven’t been washed in months. Something to think about: when was the last time you washed your winter gear, or your child’s winter gear?

“Washing your hands is the most important way to prevent the spread of infection. It’s also important to eat healthy and have a good sleep routine. Carrying tissues and hand sanitizer with you can help keep you and your community healthy,” shares Busta.
Welcome NEW Providers & Staff

Jennifer Becker, ARNP  Ear, Nose & Throat (ENT)

Jennifer Becker, ARNP, joins Mayo Clinic Health System specialist William Remington, M.D. in providing ear, nose and throat (ENT) care to people of our region. She earned her Bachelor of Science in Nursing and her Master of Science in Nursing, specializing as a family nurse practitioner, from Walden University. Prior to receiving her advanced degree, she worked as a home health and hospice nurse.

Jacky Budweg, RD/LD  Nutrition Services

Jacky Budweg is a registered/licensed dietitian who provides nutrition counseling to patients facing various diet challenges presented to them through diabetes, weight management and heart disease (among others). She also provides nutrition assessments for inpatients who are at nutritional risk and intervenes as needed to provide the highest level of patient care possible. She holds a Bachelor of Science degree in Dietetics from the University of Wisconsin - Madison.

Sandy Clayton, M.D.  Emergency Medicine

Sandy Clayton, M.D., received her Doctor of Medicine degree from the University of Missouri and completed her residency at Medical College of Georgia. Dr. Clayton comes to Winneshiek Medical Center from Irwin Army Community Hospital in Fort Riley, Kansas. She was an active duty Army Emergency Medicine physician for four years following her residency, and for two of those years, she served as the chief of urgent care.

Christopher Cooper, D.O.  Emergency Medicine

Dr. Cooper graduated from Des Moines University College of Osteopathic Medicine and completed his residency at San Antonio Uniformed Services Health Education Consortium (SAUSHEC). Dr. Cooper has spent the last four years at Irwin Army Community Hospital in Fort Riley, Kansas, with two of those years being the chief of the Emergency Department and EMS medical director for Fort Riley EMS and Fire Department.

Kara Crain, LMHC  Behavioral Health

Kara Crain, a licensed mental health counselor, recently joined the Behavioral Health team at Winneshiek Medical Center. She received a Bachelor of Arts degree in psychology and community sociology from Wartburg College and her Master of Science in clinical-counseling psychology from Illinois State University. Originally from Ridgeway, Iowa, Kara has spent the majority of her professional career in the Twin Cities before relocating to Decorah this fall. She specializes in the treatment of PTSD, personality disorders, mood disorders, and in caring for patients with multiple diagnoses.

To make an appointment, call 563-382-2911
Your most trusted partner for health care.
Deborah Edwards, MS, RD/LD, IBCLC  Nutrition Services

Deborah Edwards is a registered dietitian who provides nutrition services to both inpatients and outpatients at Winneshiek Medical Center. Deborah received her bachelor’s degree in dietetics at Ohio State University in the School of Allied Medicine and her master’s degree in nutrition from Cornell University, Ithaca, NY. Deborah is also an internationally board certified lactation consultant and nutrition educator for the Iowa Women, Infants and Children (WIC) program and a nutrition consultant for two area nursing facilities.

Ericka Moudry, PA-C  Urology

Ericka Moudry, PA-C, joins Mayo Clinic Health System specialist Brad Orvis, M.D. in providing urology care to people of our region. A Protivin, Iowa native, Ericka earned her Bachelor of Science degree in Zoology from Iowa State University and her Master of Science in Physician Assistant Studies from Des Moines University-Osteopathic Medical Center. Since 2004, she has been working in cardiothoracic surgery and gynecology in Des Moines, Houston, Texas and most recently, St. Paul, Minnesota.

John Vogel, D.O.  Family Medicine & Obstetrics

A family medicine and obstetrics physician, Dr. Vogel provides full-spectrum primary care to patients of all ages. Dr. Vogel graduated from Iowa State University with a Bachelor of Science degree in Kinesiology, and received his Doctor of Osteopathic Medicine degree from Des Moines University. He completed his family medicine residency at David Grant Medical Center, Travis Air Force Base, California and his Faculty Development Fellowship from University of California, San Francisco.

Rick Wilkerson, D.O.  Orthopedic Surgery & Sports Medicine

Dr. Wilkerson is an experienced, proven orthopedic surgeon who has special interest in joint replacements and sports medicine surgical care. He comes to Winneshiek Medical Center after 30+ years building a successful practice of eight orthopedic surgeons in Spencer, Iowa. Dr. Wilkerson is a graduate of the United States Military Academy at West Point, New York and the College of Osteopathic Medicine and Surgery in Des Moines, Iowa. His orthopedic surgery training was completed at Fitzsimmons Army Medical Center in Aurora, Colorado. Along with academic appointments, he served as Chief of Orthopedic Surgery in Fort Hood, Texas before joining Northwest Iowa Bone, Joint and Sports Surgeons in 1989 in Spencer, Iowa. He is certified by the American Board of Orthopedic Surgery.

Did you know?

WMC Decorah Clinic offers Free Hearing Screenings for adults and children age 5 or older, not currently being treated for hearing matters.

Screenings are provided under the direction of Cynthia See, Au.D., Mayo Clinic Health System Audiologist.

Appointments are available Monday - Friday. Call 563-382-2911 to schedule yours today!
At Winneshiek Medical Center, birthing is special and personal. We are dedicated to providing a secure, safe and comfortable environment for mothers and babies before, during and after delivery. Our team of seven delivering Mayo Clinic Health System providers - including one midwife - and Gundersen Health System providers, work alongside our highly trained obstetric nurses to provide an unparalleled experience for families. Together we welcome more than 250 newborns every year. Our Mayo Clinic Health System providers deliver nearly 90 percent of their own prenatal patients, a reassuring statistic you may not find in larger facilities. When you choose to deliver at Winneshiek Medical Center, you can be assured to receive high quality, experienced care.

Your most trusted partner for maternity care

- Prenatal Care
- Prenatal Education Courses
- 3D/4D Ultrasound
- General Surgeon on Call 24/7
- 24/7 Epidurals
- Personalized Dining Menu
- Certified Lactation Consultants on Staff
- High Patient Satisfaction scores
Sarah Wilder, mom to Theo, 5, and Matilda, 1, recently reflected on her birthing experiences at Winneshiek Medical Center. Sarah shares, “All in Obstetrics hold a special place in my heart and I have strong memories associated with them. I am forever grateful I was able to breastfeed Matilda in the operating room following my C-section. This is so important, and I’m very thankful WMC took this step. Bethany [lactation consultant, Winneshiek Medical Center Obstetrics] holds a special memory for helping Matilda and me when she was ready to latch. Dr. Menke [Mayo Clinic Health System family medicine and obstetrics physician at Winneshiek Medical Center Decorah Clinic] and I have had quite the journey when it comes to my pregnancies and births. I’m thankful for his exceptional care in some of my most difficult and most beautiful moments; I hold them all with me.”

Sarah and Chris Wilder, Decorah, with their children Theo and Matilda.

Sarah’s OB Experience

WMC Obstetrics recognized as a top performer in Mayo Clinic Health System

Winneshiek Medical Center Obstetrics was recognized as one of the top performers in Mayo Clinic Health System, for providing excellence in patient experience and consistently delivering an exceptional and extraordinary human experience as measured by patient surveys.

Pictured left: WMC Obstetrics Nurse, Kristin Nolte.

Mayo Clinic Health System delivering providers:
Andy Goodner, M.D.
Kevin Locke, M.D.
Tyler Menke, M.D.
John Vogel, D.O.
Sarah Wymer, M.D.
Emily Young Johnson, CNM
Lisa Zittergruen, M.D.

Gundersen Health System delivering providers:
Elizabeth Abbas, D.O.
Catherine Nelson, D.O.
Janet Ryan, M.D.
Kristy Schilling, M.D.
Matthew Thompson, D.O.
Dori Miller of Preston, Minnesota schedules her annual physical with her doctor, Tyler Menke, M.D., at Winneshiek Medical Center in Decorah. After discovering she had diabetes through regular blood tests, she understands how important quality primary care can be. “I didn’t have symptoms, but an annual test revealed high blood glucose (sugar) levels,” Dori says. Working with her doctor and Winneshiek Medical Center’s certified diabetes educator, Jean Irvin, RN, BSN, Dori first controlled her diabetes through diet and exercise. Over time, her treatment expanded to include oral medications, then increased again to include daily insulin shots. “The treatments helped me maintain stable blood sugar levels overall, but I was still experiencing highs and lows throughout the day,” she says. “Jean suggested the continuous glucose monitor.”

How it works
The continuous glucose monitor is a piece of technology that allows patients to monitor their blood glucose levels around the clock. It replaces the need for regular finger pricks. The patient places a tiny sensor under the skin of the upper arm, and it immediately begins taking readings. Using an at-home scanner, patients can check their levels at any time, and adjust their food choices based on their current blood glucose levels.

Every two weeks, the patient changes the sensor wire and the data automatically transmits to Jean at Winneshiek Medical Center for review. She shares the information with the patient’s doctor. Jean says, “Our goal is to keep blood glucose levels steady and identify trends for highs and lows. Then, working with the patient’s doctor, we adjust medications to meet the patient’s needs.” Soon after beginning the continuous glucose monitor, Dr. Menke reduced Dori’s oral medication by half, and reduced the amount of insulin she needed to take each day. Jean says, “There are multiple products on the market. In just the last few years, they have improved in accuracy and decreased in cost. If patients fit the right criteria, their insurance will cover...
Holly Kanengieter, WMC Foundation Coordinator, says, “Gifts to the Foundation allow us to continually update patient services to improve patient care. Technology is always evolving, and it’s exciting when we can purchase patient care items because of community financial support. Gifts of all sizes can come together to make a big impact for our patients.”

“In my 30 years as a registered nurse, I have never been so inspired by how technology can help improve the health and lives of our patients. The continuous glucose monitor is changing lives for the better,” says Jean. Dori adds, “I feel more comfortable knowing my blood glucose levels at all times. I know I am being monitored and cared for, and that assurance is incredibly valuable to me.”

If you are interested in learning more about continuous glucose monitors, talk to your doctor or call Winneshiek Medical Center at 563-382-2911 and ask to speak with Diabetes Education. For more information on how you can support the special work of the WMC Foundation, call the Foundation Office at 563-387-3129.

### WMC Foundation Gifts

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<td>Farrell - Dave &amp; Lynn Noack</td>
<td>2019 Annual Fund</td>
</tr>
<tr>
<td>Lowell Erdman</td>
<td>2018 Annual Fund - Audrey Erdman</td>
</tr>
<tr>
<td>Midwest Group Benefits</td>
<td>2019 Annual Fund</td>
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<tr>
<td>Doug Nelson</td>
<td>2019 Annual Fund</td>
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<tr>
<td>Jeffrey Olinger &amp; Heidi Miller</td>
<td>2019 Annual Fund</td>
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<tr>
<td>Oneota Valley Family Eye Care</td>
<td>Hospice Contributions 2019 Annual Fund</td>
</tr>
<tr>
<td>Lorraine Pape</td>
<td>Hospice Contributions - Kevin Fonley</td>
</tr>
<tr>
<td>Lisa M. Radtke</td>
<td>Memorials - Guy Johnson</td>
</tr>
<tr>
<td>Curt Reiso</td>
<td>2019 Annual Fund</td>
</tr>
<tr>
<td>Dick R. Schuman</td>
<td>2019 Annual Fund - Beverly &amp; Becky Schuman</td>
</tr>
</tbody>
</table>
**Sponsor - $250 - $499**
Sarah Andersen ....................... 2019 Annual Fund
Dianne & Joel Borowski .......... Hearing Aid Program - Helean Olson Estate
Hospice Contributions - Spencer Bolson
Brandon Brevig ...................... 2018 Annual Fund
Brynsaas Sales & Service, Inc. 2019 Annual Fund
Laurie Bulman ....................... 2018 Annual Fund
Carolyn & John Paul Carter .... Hospice Contributions - Carol Meade
Elliott & Beverly Christen ...... Diabetes Education
2019 Annual Fund - WMC Staff & Volunteer Boards
Citizen's Savings Bank .......... 2019 Annual Fund
CleverTech, Inc. ..................... Hospice Contributions
Naomi Craft ......................... 2019 Annual Fund
Decorah Tire Service ............... 2019 Annual Fund
Delois Flage ......................... Memorials - Norman Dickman
Memorials - Betty Rose
Memorials - Patricia Usgaard
2019 Annual Fund - Irvin Flage
Friends of Diabetes Education  Diabetes Education
Elaine Grimes ....................... Hospice Contributions - Carl Hjelmeland
2019 Annual Fund - Jack Grimes
Ben & Padrin Grimstad .......... Hospice Contributions - Dennis Sersland
2019 Annual Fund
Kathy & David Hageman .......... 2019 Annual Fund
Dean Hagen ......................... Hospice Contributions - Robert Epps
Hearing Aid Program
Alice Hemesath ..................... 2019 Annual Fund - Joseph Hemesath
Friends & Family of Joseph Hemesath .......... Hospice Contributions - Joseph Hemesath
Roger & Pat Huinker .............. 2018 Annual Fund
Hospice Contributions - Dennis Sersland
Thomas & Jill Marquardt ......... 2019 Annual Fund
Jerald & Patricia Oakes .......... Hospice Contributions - Marianne Mahr
Renee & Randy Olson .............. Hospice Contributions - Robert Epps
Bernard Reicks
Dennis Sersland
2019 Annual Fund - Dale & Dorothy Miller
Dennis Ostwinkle .................... 2019 Annual Fund - Sandra Scheib-Ostwinkle
Perry Novak Electric Inc. ......... Hospice Contributions - Eileen Bruening
William Rude & Marian Rovang-Rude .......... Hospice Contributions - Roger Espe
Dale Lundy
Mel Ruehmann
Marian Knoke
Jack Anundsen
2019 Annual Fund - Allen Rude Diabetes Education
Neil & Ruth Schraeder .......... Hospice Contributions - Dennis Sersland
2019 Annual Fund

**Sponsors - $500 & Over**
Kristine Stock ....................... Hospice Contributions - Marianne Mahr
The Winchester ..................... Hospice Contributions
Peggy Wright ....................... 2019 Annual Fund - Dr. David Wright

**Friend - $100 - $249**
Bertram Bogue, Jr. & Rhonda Rathje ........ Hospice Contributions - Eileen Bruening
Mark & Cindy Albers .......... Hospice Contributions - Dennis Sersland
Mark & Cindy Albers .......... 2019 Annual Fund
Harold Amsbaugh .......... 2019 Annual Fund
Theresa Amunrud .......... Hospice Contributions - Marianne Mahr
Donna Bahr ................ Hospice Contributions -
Carol Meade
Robert Eppens
Jack Anundsen
2019 Annual Fund - Vernon “Bud” Bahr
Karla Bakken ....................... 2018 Annual Fund
Diabetes Education
Trudy Belay ......................... 2018 Annual Fund
Bard Materials ........ Hospice Contributions - Eileen Bruening
Sandra Bishop ....................... 2018 Annual Fund
Hospice Contributions
Troy Bishop ................ Hospice Contributions
Lois Bohr ......................... 2018 Annual Fund
Patricia Bouska ....................... 2018 Annual Fund - David Bouska
David & Julie Brenno .......... Hospice Contributions
Douglas Burks & Susan
McKone- Burks .......... 2019 Annual Fund
Pamela Camp ........ Hospice Contributions - Jack Anundsen
Dave & Brenda Carlson .......... Hospice Contributions - John & Deb Rima’s 50th Wedding Anniversary
Spencer Bolson
Patricia Usgaard
Jack Anundsen
Frederic Reed Carlson .......... Hospice Contributions - Eileen Bruening
Loma Carlson ....................... Hospice Contributions - Eileen Bruening
Carolan Family Charitable Fund Hospice Contributions - Eileen Bruening
Jason & Sherri Carolan .......... Hospice Contributions
Dena Chambliss, Vicki Berland,
Kristi Brynsaas, Sue Burks,
Dena Chambliss & Llew Jenkins Hospice Contributions - Spencer Bolson
Cresco Union Savings Bank ... 2019 Annual Fund
Robert & JoAnn Davis .......... 2019 Annual Fund
Jacqueline Dawley .......... 2018 Annual Fund
Dental Associates of Decorah, PC Hospice Contributions
Betty Eggers .......... Hearing Aid Program
Neva Emery .......... 2019 Annual Fund - Rita Kern
Rosie Eppens .......... Hearing Aid Program- Robert Eppens
Lindsay & Karla Erdman .... Memorials - Patricia Usgaard
Exclusively Yours .......... Diabetes Education
Ruth Fjelstad .......... 2019 Annual Fund
Fjelstad Funeral Home Inc. Hospice Contributions - Robert Eppens
Emory & Elaine Fretheim ...... 2019 Annual Fund
Darrell & Jolayne Winkie
Hospice Contributions -
David Hogendorn
Alice L. Lennon
Richard Matter
Norman Dickman
George Duder
Marian Knoke
Joseph Hemesath
Vernetta Cline
Jack Anundsen
Patricia Usgaard

Donor - $25 - $99
David Abegglen
Hospice Contributions - Spencer Bolson
Memorials - Patricia Usgaard
Arlyn & Rachell Adney
Hospice Contributions
Norman Aldridge
2019 Annual Fund - Dorothy Aldridge
Janet Alexander
Hospice Contributions - Carol Meade
James & Martha Alm
Hospice Contributions - Jack Anundsen
Dianne Ameling
Diabetes Education
American Legion Auxiliary &
American Legion
2019 Annual Fund - American Legion & Auxiliary Calmar
Calvin Anderson
Hospice Contributions - Dennis Sersland
Jack Anundsen
Marin Anderson
Hospice Contributions -
Mary Neste
Madonna Wilson
Theresa Anderson
Hospice Contributions - Tom Anderson
Kari Anfinson
2019 Annual Fund - Jeanette Rustad
Stenseth
Kurt & Martha Aschim
Hospice Contributions - Eileen Bruening
Julie Askelson
Hospice Contributions - Carol Meade
Audiology Professionals, L.L.C...
Hospice Contributions - Robert Eppens
Dwight & Lisa Bacon
2019 Annual Fund
Memorials - Mark Zieman
Alan Bahler
Hospice Contributions - Bernard Reicks
Scott & Jennifer Bahr
Hospice Contributions - Eileen Bruening
John & Carol Baker
Hospice Contributions - Robert Eppens
2019 Annual Fund - Patricia Usgaard
Helen Barbier
Hospice Contributions - Jack Anundsen
Grace & James Barloon
Hospice Contributions - Spencer Bolson
Stewart Barlow
Hospice Contributions - Robert Eppens
Audrey Barth
Hospice Contributions - Spencer Bolson
Janice Bauml
Diabetes Education
Ronald & Mae Jean Becker
2019 Annual Fund - Keith Huinker
Charles & Janice Berg
Hospice Contributions - Keith Johnson
Deborah Bishop
2019 Annual Fund
Kent & Alison Bishop
Hospice Contributions - Spencer Bolson
Bob’s Cycle Shop
Hospice Contributions - Dennis Sersland
Susan Boehm
Memorials - Patricia Usgaard
Viola Bohr
2019 Annual Fund
Hospice Contributions - Joseph Hemesath
Laura Boice
Hospice Contributions - Spencer Bolson
Lorraine Borowski
Hospice Contributions - Mary Lou Rauk - Snitker
Don & Jean Boyer
Hospice Contributions - Bernard Reicks
Richard Brincks
2019 Annual Fund
Tim & Susie Broderick
Hospice Contributions - Rose Tupy
Brenda Broghamer
2019 Annual Fund
William & Karen Brown
Hospice Contributions -
Dale Lundy
Eileen Bruening
Lois Roberts
George Duder
Spencer Bolson
Patricia Usgaard
Susan Busta
2018 Annual Fund
Doris Carolan
Hospice Contributions - Dennis Sersland
Yvonne & William Cary
Hospice Contributions - Dennis Sersland
Jeanne & Merlin Casterton
Hospice Contributions -
Eileen Bruening
Joseph Hemesath
2019 Annual Fund
Shirley Casterton
Hospice Contributions -
Larry Rothmeyer
Aaron Mechtel
Steve Arneson
Hospice Contributions - Patricia Hauber
Cedar Valley Habitat for
Humanity
Hospice Contributions - Joseph Hemesath
Sue Charley
Hospice Contributions - Spencer Bolson
Gwen Christianson
Hospice Contributions - Bernard Reicks
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Hospice Contributions - Jack Anundsen
Larry & Debbie Cook
Hospice Contributions - Gladys Mincks
Tom & Vanessa Courtney
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Angene Cronin
Hospice Contributions - Robert Eppens
John & Audrey Dahle
Hospice Contributions - Gladys Mincks
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Hospice Contributions
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Hospice Contributions - Spencer Bolson
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Karen Skrypek
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Hospice Contributions - Michael Poshusta
Margie DeBower
Memorials - Patricia Usgaard
Bill Deutsch
Hospice Contributions - Carol Meade
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Hospice Contributions - Norman Dickman
Brenda Dietiker
2018 Annual Fund
Lori Dietzenbach
2018 Annual Fund
Don & Dena Dilura .......... Hospice Contributions - Dennis Sersland
Kerry & Patricia Dolan ...... Hospice Contributions - Dennis Sersland
                     Carol Meade
                     Spencer Bolson
Anonymous Donor .......... Hospice Contributions - Alice Wilbur
Anonymous Donor .......... Hospice Contributions - Gerald Ollendieck
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Shirley Dynes.............. Hospice Contributions - Jack Anundsen
Mary Ellingson............ Hospice Contributions - Joseph Hemesath
Gladys Elsbernd .......... 2019 Annual Fund - Roger Elsbernd
Jena Elsbernd ............. 2018 Annual Fund
Farmers & Merchants Bank ... Hospice Contributions
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                     Dennis Sersland
Julie Fischer ............... 2019 Annual Fund
Dennis & Marcia Fisher .... Hospice Contributions - Carol Meade
Erlene Fisher .............. Hospice Contributions - Marjorie Moe
                     Alton Barth
                     Richard Matter
                     Vernetta Cline
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Dianne Frazer ............. Hospice Contributions - Dennis Sersland
Russell & Marie Freerking .. Hospice Contributions - Dennis Sersland
Jim & Marion Frieden ...... 2018 Annual Fund
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Ruth Funke, Verna & Harold Hospice Contributions - Dorothy Gerber
                     Hospice Contributions - Clair Steine
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Victor & Dianne Fye ...... Hospice Contributions - George Ness
                     Hospice Contributions - Eunice Denk
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John & Karen Gipp ........ Hospice Contributions - Mark Zieman
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                     Spencer Bolson
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Kim & Mary Glock .......... Hospice Contributions - Dennis Sersland
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                     Joseph Hemesath
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Ann & Joe Grimstad ...... Hospice Contributions - Dennis Sersland
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Carol Hageman .......... Hospice Contributions - Eileen Bruening
Kristi Hageman .......... 2018 Annual Fund
Gary & Norma Hall ....... Hospice Contributions - Judy Roberts
                     Memorials - Patricia Usgaard
Orbell Hall................. Hospice Contributions - Judy Roberts
                     Thelma Ellingson
                     Carol Quam
                     Jim Gipp
                     Tom Anderson
                     Vernetta Cline
                     Patricia Usgaard
                     Pamela Gipp
Orville & Susan Hall ...... Memorials - Guy Johnson
Rebecca L. Halse .......... Hospice Contributions - Bernard Reicks
Brad & Lori Halverson .. Hospice Contributions
Elaine Headington ...... Hospice Contributions - Dennis Sersland
Diane Henning .......... 2018 Annual Fund
Paul Hexom ............... Hospice Contributions - Robert Eppens
                     Patricia Heying .... General
Linda Hjelmeland ......... Hospice Contributions - Carl Hjelmeland
James & Sandra Hoeg ...... Memorials - Guy Johnson
Inez Holstad .......... Hospice Contributions - Jeffrey Holstad
                     Delores Gerber
                     Orlin Hovey
                     Carol Quam
Bernice Holthaus.......... Hospice Contributions - Joseph Hemesath
Susan Holthaus .......... Hospice Contributions - Eileen Bruening
Neal & Debra Horns ...... Hospice Contributions - Darlene Schultz
                     Memorials - Mark Zieman
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Sara Hotvedt .......... Hospice Contributions - Robert Eppens
Houg Insurance Agency, Inc ... Hospice Contributions
Greg & Linda Hovden ...... Hospice Contributions - Dennis Sersland
Maynard & Diane Hovden .. Memorials - Patricia Usgaard
Terry & Charis Hovden........ Hospice Contributions - Spencer Bolson
Ed Maurice & Charilyn Hover.. Memorials - Patricia Usgaard
Steve Hubbard & Lindsey Borske-Hubbard ........ Hospice Contributions - Jack Anundsen
Sharon Huber ..................... Diabetes Education
Hospice Contributions - Marian Hoser
Spencer Bolson
Karen Humpal.......................... 2018 Annual Fund
Shelley Hunter Towles .......... Hospice Contributions - Eileen Bruening
Anita Imoehl ......................... Memorials - Joseph Hemesath
Larry & Lynn Ingvalson .......... Hospice Contributions - Robert Eppens
Dennis Sersland
Jean Iverson.......................... Hospice Contributions
Randi & Kari Iverson .......... Hospice Contributions - Jack Anundsen
Russell & Jan Jauert............ Hospice Contributions - Dennis Sersland
Darrel & Mary Jensen .......... Hospice Contributions - Robert Eppens
Dennis Sersland
James & Wendy Jermier........ Hospice Contributions - Eileen Bruening
Joe Klegseth Trucking......... Hospice Contributions - Carol Meade
Irene Johnson ...................... Hospice Contributions - Carl Hjelmeland
Memorials - Patricia Usgaard
Irma Johnson....................... Hospice Contributions - Robert Eppens
Julie Storm & Karl Hendrickson Hospice Contributions - Jack Anundsen
Kathryn Kelly...................... Hospice Contributions - Eileen Bruening
James & Ann Kephart .......... Memorials - Patricia Usgaard
Thela Lynne Kephart .......... Hospice Contributions - Jack Anundsen
Anna & John Kern .............. Hospice Contributions - Alice L. Lennon
Max Klotzbach .......................... 2018 Annual Fund
Tom & Karen Klotzbach .... Hospice Contributions - Joseph Hemesath
Steven & Pamela Kluck .... Hospice Contributions - Dennis Sersland
Diane Knutson ..................... Hospice Contributions - Lorraine Teslow
Justin & Tasha Knutson .... Hospice Contributions - Mark Zieman
Kenneth & Beth Koster .... Hospice Contributions - Dennis Sersland
David Krieger ..................... Hospice Contributions - Dennis Sersland
Carmen Krivacheck ............. 2018 Annual Fund
Lynnette Kruse ................... 2018 Annual Fund
Lori Kuboushek..................... Hospice Contributions - Dennis Sersland
Kalen Jacobsen
Cathy D. Kuehner ............. Hospice Contributions - Spencer Bolson
Rick & Jody Kuennen .......... Hospice Contributions - Dennis Sersland
Darryl & Elizabeth Landas .... Hospice Contributions - Spencer Bolson
Thomas Lanman.................. Hospice Contributions - Carol Meade
Anton & Marilyn Larson .... Hospice Contributions - Robert Eppens
Karen Lee ......................... Hospice Contributions - Carol Meade
Muriel Lensch ................. Memorials - Patricia Usgaard
Howard Lensing ................ 2019 Annual Fund
Maury & Eileen Lenz ....... 2019 Annual Fund
Jennifer Leuenberger ......... 2019 Annual Fund
Patricia A. Lien ................. Hospice Contributions - Joseph Hemesath
Sylvia Lien ......................... Memorials - Patricia Usgaard
John & Wanda Lillegren ... Hospice Contributions - Alton Barth
Delores Gerber
Dennis Sersland
Jennifer Little .................. Hospice Contributions - Carol Meade
Thomas Little ..................... Memorials -
Elva Roney
Karen Skrypek
Marian Knoke
Patricia Hauber
Richard Leibold
Alton & Violette Losen ...... Hospice Contributions - Alton Barth
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Kathy Lou ......................... Hospice Contributions - Spencer Bolson
Christine Luaiere ......... Hospice Contributions - Eileen Bruening
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Hospice Contributions - Jack Anundsen
Jennessa Luzum .............. 2018 Annual Fund
Mary K. Lynch .................. Hospice Contributions - Spencer Bolson
David & Karen Macal ......... 2019 Annual Fund - Curtis Monroe
& Leonard Macal
Imogene Macal................ Hospice Contributions - Eileen Bruening
Sara Jo Maher ..................... Diabetes Education
Julie Maloney ................. Hospice Contributions - Eileen Bruening
Mary Jane Maly ............... Diabetes Education
Memorials - Patricia Usgaard
Martin Marietta ............... Hospice Contributions - Eileen Bruening
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Steven & Margaret Matter .... Hospice Contributions - Spencer Bolson
Maynard Savings Bank .... Hospice Contributions - Gladys Mincks
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Tina McIntosh ..................... 2018 Annual Fund
Spencer & Kathy McKinney Hospice Contributions - Robert Eppens
Laura Mellick ................... 2018 Annual Fund
Marlene Michel ................. Hospice Contributions - Allan Fossey
Mary Miller --------------- 2018 Annual Fund  
Sarita Milligan---------- Hospice Contributions - Ralph Milligan  
Wanda Milligan---------- Hospice Contributions - Dennis Sersland  
Bonnie Moellers--------- Memorials - Mark Zieman  
Patricia Moore---------- Hospice Contributions - Dennis Sersland  
Julie Munkel------------ Hospice Contributions - Jack Anundsen  
Jack & Janeen Myer------ Hospice Contributions - Dennis Sersland  
Megan Nelson------------ Cancer Fund  
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Patricia Nordheim------- Hospice Contributions  
Northeast Auto Body----- Hospice Contributions  
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Laura Olson------------- Hospice Contributions - Spencer Bolson  
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Debra & Kenneth Pape---- Memorials - Patricia Usgaard  
Jane Pape--------------- Hospice Contributions - Jack Anundsen  
Friends of Patricia Usgaard-Memorials - Patricia Usgaard  
Esther Peters----------- Hospice Contributions - Florence Schlake  
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Delores Gerber--------- Marian Knoke  
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Lorraine Pettit--------- Hospice Contributions - Marjorie Moe  
Alton Barth------------ Gerald Olleendieck  
Clair Steine-----------  
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Richard & Donna Rasmussen-Hospice Contributions - Spencer Bolson  
Joetta Redlin----------- Hospice Contributions - Gladys Mincks  
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Paul & Carolyn Rover----- Hospice Contributions - George Ness  
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Joan Rulon------------- 2019 Annual Fund - Patricia Usgaard  
Francis & Donna Ryant-- Hospice Contributions - Bernard Reicks  
Mary Sacquette--------- Hospice Contributions - Erbie Steffens  
Keith & Barbara Sasseen-- Hospice Contributions - Dennis Sersland  
Jimmy & Cheryl Satterfield-Hospice Contributions - Robert Eppens  
Karen Schluter--------- Hospice Contributions - Dennis Sersland  
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Jim Schwan------------ 2018 Annual Fund  
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Kari Sears, Bernie Gluth, Carl & Jan King, Kevin & Karol Gluth ------- Hospice Contributions - Spencer Bolson  
Dwight & Melinda Seegmiller-Hospice Contributions - Jack Anundsen  
Marilyn Sensor--------- 2019 Annual Fund  
Janean Sersland-------- Hospice Contributions  
Sonja Sersland--------- Hospice Contributions - Spencer Bolson  
2019 Annual Fund
Linda Sharp........................ Hospice Contributions - Florence Headington
Kim & John Sheppard.............. Hospice Contributions - Eileen Bruening
Jill Shindelar ...................... Hospice Contributions
Jim & Elaine Sims................ Hospice Contributions - Randy Hauber
Luane Skaim Henzler............... Hospice Contributions - Dennis Sersland
Barbara Smed........................ Hospice Contributions
Luann Smith ........................ 2019 Annual Fund - Norm Smith
Ronald & Helen Snell ............ Hospice Contributions
Nancy & Neal Solomonson ....... 2019 Annual Fund - Martin Mohr
Vernon Spilde ...................... Hospice Contributions - Vernetta Cline
Michelle Stegen.................. Hospice Contributions - Eileen Bruening
Roxann Steine ..................... Hospice Contributions - Eileen Bruening
Sylvia Steine ...................... Hospice Contributions - Gladys Mincks
Larry & Deanna Stevenson ....... Hospice Contributions - Dennis Sersland
Carol & Dennis Stika ............ Hospice Contributions - Bernard Reicks
Harold & Celia Stoen ............ Hospice Contributions - Carol Gluth
Patsy Sorensen .................... Hospice Contributions - Mary Neste
Ruth Stortz ....................... 2019 Annual Fund - Jerry Stortz
Evelmarie Styve ................... Hospice Contributions - Robert Eppens
Diann Svenson ..................... Hospice Contributions - Jerome Frana
Richard & Linda Svenson ....... Hospice Contributions - Dennis Sersland
Judy Syverson ..................... Hospice Contributions - Eileen Bruening
Martha “Marty” Teetsorn ....... 2019 Annual Fund - Roy Teetsorn
Debra Tekippe ..................... Diabetes Education
Arlene B. Thompson .............. Memorials - Mary Neste
Cheryl Thompson ................ Hospice Contributions - Jack Anundsen
James & Jeanette Thompson .... Hospice Contributions - Ellen Halverson
Michael & Christine Thompson... 2019 Annual Fund
Wayne Thompson ................ Hospice Contributions - Dennis Sersland
William & Dawn Thorsen ....... Hospice Contributions - Spencer Bolson
JoAnn Thorsten .................. Hospice Contributions - Spencer Bolson
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Robert & Judith Topping ....... Hospice Contributions - Eileen Bruening
Randeen Torvik Ragan ........... Hospice Contributions - Eileen Bruening
Tera Tweten ........................ 2018 Annual Fund
Sharon Tweten-Henry ............ 2019 Annual Fund
Paul Ulvilden ...................... Hospice Contributions - Spencer Bolson
David Usgaard .................... Hospice Contributions - Spencer Bolson
Patricia Usgaard .................. Memorials - Alton Barth
Laurie Van Den Broeke .......... Hospice Contributions - Spencer Bolson
Eunice Veeder ..................... Hospice Contributions - Carol Meade
Kathryn Vigen .................... Hospice Contributions - Spencer Bolson
Darlene Vine ...................... Hospice Contributions - Carol Meade
Shirley A. Vine ................... Hospice Contributions - Dale Lundy
Erlin & Wanda Walter ............ Hospice Contributions - Robert Eppens
Norma Wangsness ................. Memorials - Patricia Usgaard
Bonnie Warrington .............. Hospice Contributions - Robert Eppens
.................................. 2019 Annual Fund - Patricia Usgaard
Phyllis & Wayne Wasta ........ Hospice Contributions - Robert Eppens
.................................. Eileen Bruening
Dawn Watson ...................... 2018 Annual Fund
Waukon State Bank ............... Hospice Contributions
Shirley Weber .................... Hospice Contributions - Gladys Mincks
.................................. 2018 Annual Fund
Linda & Robert Wedmann ....... Hospice Contributions - Pamela Gipp
Jeffrey & Mary Weis .......... Hospice Contributions - Jack Anundsen
..................................
Barbara Welgos ................ Hospice Contributions - C. J. (Joe) Welgos
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H. Jon & Mary Wendling ......... Hospice Contributions - Dennis Sersland
Jean Wiemann ................... 2018 Annual Fund
.................................. Diabetes Education
Winneshiek County Recycling Department .... Hospice Contributions - Dennis Sersland
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.................................. WMC Med/Surg ........ Memorials - Devere Manderfield
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.................................. Ruth Woldum ................ Hospice Contributions - Erbje Steffens
.................................. Pamela Gipp
..................................
Lilly & Erlin Womeldorf ....... Hospice Contributions - Joseph Hemesath
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Paula Womeldorf ................ 2018 Annual Fund
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.................................. Donna M. Young .......... Hospice Contributions - Carol Meade
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.................................. Judy Zweibohmer .... Hospice Contributions
The Winneshiek Medical Center Foundation transforms and saves lives by connecting donors with the region’s most trusted partner for health care, Winneshiek Medical Center. “When it comes to financing special projects to improve technology and increase the variety of services offered locally, we need help from our community,” shares Holly Kanengieter, WMC Foundation Coordinator. “The rapid changes in rural health care require medical centers, such as our own, to seek private funds for capital growth and replacement of equipment.”

This year’s goal is to raise over $80,000 to support purchases like a new patient monitoring system for all patients in need of surgical, emergency or inpatient care. A new patient monitoring system will allow for the patient’s heartbeat, vitals and respiratory levels to be monitored wirelessly. Additional benefits include: downloading data directly into the patient’s medical record, enhancing cross communication among departments, providing medical information at the patient’s bedside and nursing station and increasing care coordination and patient safety.

“As an Annual Fund donor, you become a member of an important team. This team is comprised of businesses and individuals whose common mission is to improve health care at our local, community-owned hospital: Winneshiek Medical Center. As a business owner, I know how important access to advanced medical care is to my team members. We want to live and thrive in our local community and local quality health care is key to that mission. This kind of medical care is an important part of what makes Winneshiek County a great place to work, live and play,” shares Chris Redenius, WMC Foundation President.

Gifts to the annual fund can be made online at www.winmedical.org/annual-fund, or by calling the Foundation office at 563-387-3129.
If you need skilled care following surgery or illness, call Winneshiek Medical Center. We make it our goal to help you get back to independent living with personalized, daily rehabilitation and 24/7 registered nursing care.